ROUTINE

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FM COMFLTFORCOM NORFOLK VA//N1//

TO ALFLTFORCOM
ALPACFLT
COMSECONDFLT
NETC PENSACOLA FL//N01/N1//
CNI WASHINGTON DC//N01/N1//
CNI WASHINGTON DC//N01/N1//
COMNAVRESFOR NEW ORLEANS LA//N01/N1/N3/N7/MOBCTR//

INFO CNO WASHINGTON DC//N1/N3/N4//
CNO WASHINGTON DC//N1/N3/N4//
CDR USCENTCOM MACDILL AFB FL//CCJ1-XP//
COMPACFLT PEARL HARBOR HI//N1/N13/N130//
COMUSNAVCENT//N1/N3/N4//
PERSUPPACT LANT NORFOLK VA//N00//

THIS IS A 4 SECTIONED MSG COLLATED BY MDS
UNCLAS //N01000//

MSGID/GENADMIN/COMFLTFORCOM//

SUBJ/LETTER OF INSTRUCTION FOR JTF HORN OF AFRICA (HOA)-ISO OEF//

REF/A/GENADMIN/CNO WASHINGTON DC/091531ZAUG2005//

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REF/C/DOC/OPNAV/21FEB2003//

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REF/F/GENADMIN/CNO WASHINGTON DC/271540ZSEP2005//

REF/G/GENADMIN/CNO WASHINGTON DC-N095/162133ZSEP2005//

NARR/REF A IS CNO MSG TASKING CFFC TO ACCOMPLISH TASKS REDESIGNATING JTF-HOA CDR FROM USJFCOM MARFORLANT COMPONENT TO CFFC COMPONENT COMMAND. REF B IS BUPERSINST 1001.39D, CHAPTER 22 (ADMINISTRATIVE PROCEDURES FOR RESERVISTS ON INACTIVE DUTY, MOBILIZATION). REF C IS OPNAVINST 3060.7A, APPENDIX I (MANPOWER MOBILIZATION GUIDE, NAVY OPERATIONAL SUPPORT COMMAND (NOSC) ACTIVATION CHECKLIST). REF D IS MILPERSMAN ART 1070-240 AND 1070-250 (NAVPERS 1070/601, IMMEDIATE REENLISTMENT CONTRACT AND NAVPERS 1070/621, AGREEMENT TO EXTEND ENLISTMENT. REF E IS BUPERSINST 1610.10A. REF F IS MOD 7 TO USCENTCOM INDIVIDUAL PROTECTION AND INDIVIDUAL/UNIT DEPLOYMENT POLICY MSG DTD 06JAN05. REF G IS CNO MSG, SUBJ: RESERVE COMPONENT MEDICAL REQUIREMENTS FOR MOBILIZATION/GUIDANCE FOR OPERATIONAL SUPPORT CENTERS AND NMPS.//POC/ED SANDOVAL/LCDR/FFC-N141A/LOC:NORFOLK VA

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- RMKS/1. REQUEST WIDEST DISSEMINATION. THIS IS A COORDINATED FFC/C2F/CCSG6 MESSAGE TO PROVIDE INFORMATION AND DIRECTION FOR COMMANDS AND INDIVIDUALS PREPARING FOR DEPLOYMENT TO JTF HOA IN SUPPORT OF OPERATION ENDURING FREEDOM (OEF) PER REF A. COMSECONDFLT (C2F) HAS BEEN DESIGNATED ISIC TO PROVIDE ADMINISTRATIVE OVERSIGHT.
- 2. THIS MESSAGE APPLIES TO ACTIVE COMPONENT (AC) AND RESERVE COMPONENT (RC) COMMANDS AND INDIVIDUAL AUGMENTEES PROVIDING SUPPORT TO THIS MISSION. UNLESS AC OR RC IS SPECIFIED, GUIDANCE IS ADDRESSED TO ALL SAILORS. TO MEET AN AGGRESSIVE TIMELINE FOR TRAINING AND DEPLOYMENT, AC AND RC COMMANDS ARE REQUIRED TO COMPLETE THE FOLLOWING ACTIONS AND REPORT COMPLETION TO C2F POC WITH EXCEPTIONS NOTED:

A. ADMINISTRATIVE ACTIONS.

- (1) PROVIDE EACH INDIVIDUAL AUGMENTEE A COPY OF THIS MESSAGE.
- (2) POINT OF CONTACT: PARENT COMMANDS AND NAVY RESERVE OPERATIONAL SUPPORT CENTERS (NOSC) OF AUGMENTEES MUST PROVIDE COMMAND POC INFORMATION TO INCLUDE NAME, RATE, PHONE NUMBER, AND EMAIL ADDRESS TO FFC/C2F/CCSG/POC'S. COMMAND POC'S MUST BE E6 OR ABOVE.
- (3) TRANSPORTATION: AC PARENT COMMAND AND RC NOSC SHALL MAKE FLIGHT ARRANGEMENTS FROM HOME STATION TO NORFOLK, VA, OR FT BENNING, GA, AS APPLICABLE FOR NECESSARY TRAINING. NOSC SHALL MAKE FLIGHT ARRANGEMENTS FOR RC PERSONNEL PRIOR TO THEIR ARRIVAL AT THE NOSC FOR ACTIVATION. FLIGHT NUMBERS, FLIGHT TIMES, AND NUMBER OF PASSENGERS NEED TO BE CONSOLIDATED AND ITINERARY INFORMATION E-MAILED TO THE FFC/C2F/CCSG6 POCS.
- (4) MOBILIZATION CHECKLIST: FOR MOBILIZED RESERVISTS, NOSCS SHOULD REVIEW THE MOBILIZATION CHECKLIST PER REF B TO ENSURE PERSONNEL ARE PROPERLY PREPARED TO MOBILIZE IAW REFS B AND C. RESERVISTS ARE RECEIVING AMPLE TIME TO PREPARE FOR MOBILIZATION; THEREFORE, ECHELON IV COMMANDS AND NOSCS SHALL NOT GRANT ANY DELAYS OR EXEMPTIONS WITHOUT COMNAVRESFORCOM APPROVAL.
- (5) GOVERNMENT TRAVEL CHARGE CARD (GTCC): SAILORS' GTCC ACCOUNTS MUST BE ACTIVATED. OPEN GTCC ACCOUNT FOR PERSONNEL WHO QUALIFY BUT DO NOT HAVE AN ACCOUNT. IDENTIFY SAILORS WHO ARE NOT QUALIFIED TO RECEIVE A GTCC. FOR AC PERSONNEL, ENSURE THEY RECEIVE ADVANCE PER DIEM IN LIEU OF GTCC THROUGH THEIR LOCAL PSD PRIOR TO DEPARTURE. FOR RC PERSONNEL WHO DO NOT HAVE A GTCC, COORDINATE ADVANCE PER DIEM REQUIREMENTS THROUGH THE NOSC AND PSD LITTLE CREEK, VA. ADVANCE PER DIEM WILL BE PROVIDED FOR 30 DAYS AT EIGHTY PERCENT. INFORM ALL SAILORS RECEIVING ADVANCE PER DIEM THAT FUNDS ARE FOR LODGING AND MEALS ONLY WHILE CONDUCTING CONUS PRE-DEPLOYMENT TRAINING. GOVERNMENT QUARTERS AND MESSING MAY BE AVAILABLE AT THE NMPS SITE. GOVERNMENT QUARTERS AND MESSING MAY BE AVAILABLE AT NORFOLK, VA, AND FT BENNING, GA. AC PARENT COMMAND WILL RETAIN GTCC APC

RESPONSIBILITY. GAINING COMMAND WILL ASSUME GTCC APC RESPONSIBILITY FOR RC.

- (6) SECURITY CLEARANCE: ALL MEMBERS REQUIRE A SECRET CLEARANCE. REVIEW SECURITY CLEARANCES FOR ALL PERSONNEL AND ENSURE REQUIRED INVESTIGATION HAS BEEN COMPLETED OR EPSQ AND FINGERPRINT CARD SUBMITTED TO OPM.
- (7) ID CARD: SAILORS SHALL REPORT WITH A CURRENT COMMON ACCESS CARD (CAC) WITH ASSOCIATED PKI CERTIFICATES. ALL SAILORS MUST KNOW THEIR PIN ACCESS FOR THEIR CAC CARD, AND SHOULD TEST IT PRIOR TO DEPARTURE FROM THEIR PARENT COMMAND/NOSC. IF THE LOCAL PSD/NOSC IS UNABLE TO ISSUE A CAC, CONTACT THE C2F POC.
- (8) PAGE-2 AND SGLI UPDATE: ALL SAILORS MUST ENSURE PAGE-2 AND SGLI UPDATES ARE COMPLETED BY THE LOCAL PSD (AC) OR NOSC (RC) PRIOR TO DEPARTURE. UPDATE WILLS AND POWERS OF ATTORNEY AS NECESSARY. ENSURE FAMILY CARE PLAN CERTIFICATES, OPNAV FORM 1740/6, IF REQUIRED, ARE CURRENT.
- (9) RC GAIN TO ACTIVE DUTY: RC SAILORS SHALL BRING THE FOLLOWING DOCUMENTATION TO SUPPORT AND VERIFY SERVICE RECORD AND/OR DEERS, AS APPLICABLE, IMPACTING ACTIVE DUTY GAIN PROCESSING AT PSD:
- (A) CERTIFICATE OF DISCHARGE/SEPARATION (DD-214) OF ALL FORMER PERIODS OF ACTIVE DUTY.
- (B) BIRTH, ADOPTION OR GUARDIANSHIP CERTIFICATES FOR ALL DEPENDENTS.
- (C) COPIES OF ALL CURRENT CHILD SUPPORT AGREEMENTS.
- (D) SOCIAL SECURITY NUMBERS FOR SELF AND DEPENDENTS.
- (E) CERTIFIED COPY OF MARRIAGE CERTIFICATE OF PRESENT MARRIAGE.
- (F) CERTIFIED COPIES OF DOCUMENTATION TERMINATING ANY PREVIOUS MARRIAGE, SUCH AS DIVORCE/ANNULMENT DECREE OR SPOUSE DEATH CERTIFICATE.
- (10) OBLIGATION OF SERVICE (OBLISERV): ENSURE EACH SAILOR HAS SUFFICIENT OBLISERV TO MEET MISSION RQMTS; A MINIMUM OF EIGHTEEN MONTHS FROM THE REPORT DATE ON THE ORDERS. IF A MEMBER HAS INSUFFICIENT OBLISERV, PREPARE NAVPERS 1070/601 OR NAVPERS 1070/621 AS APPROPRIATE PER REF D. NOTIFY C2F POC IMMEDIATELY IN THE CASE OF A MEMBER WHO WILL NOT EXTEND OR REENLIST FOR THE DURATION OF THE ORDERS.
- (11) PROJECTED ROTATION DATES (PRDS): IF NECESSARY, PARENT COMMANDS SHOULD INITIATE A PRD CHANGE RQST FOR AC SAILORS ASSIGNED TO INDIVIDUAL AUGMENTATION BILLETS, ADJUSTING THEIR PRD TO ONE MONTH AFTER SCHEDULED RTN FROM THE IA MISSION. REASON FOR PRD CHANGE SHOULD READ "PRD CHANGE REQUIRED TO SUPPORT NAVY'S GWOT EFFORTS AS DIRECTED BY HIGHER AUTHORITY."
- (12) MY PAY: ENSURE ALL SAILORS HAVE PIN TO ACCESS THEIR DFAS "MY PAY" ACCOUNT.
- (13) PHYSICAL FITNESS STANDARDS: ALL SAILORS MUST BE SCREENED TO ENSURE THEY HAVE PASSED THE LAST NAVY PFA AND ARE CURRENTLY WITHIN BCA STANDARDS.
- (14) MEDICAL/DENTAL/PERSONNEL SERVICE RECORDS: ALL SAILORS WILL REPORT TO THE NMPS SITE WITH THEIR MEDICAL, DENTAL, AND SERVICE RECORDS. SERVICE RECORDS WILL BE MAINTAINED BY PSD LITTLE CREEK, VA, FOR THE DURATION OF DEPLOYMENT. MEDICAL AND DENTAL RECORDS WILL ACCOMPANY THE MEMBERS ON DEPLOYMENT.
- (15) ISOPREP CARDS: IN ORDER TO MEET CENTCOM PERSONNEL RECOVERY REQUIREMENTS, EACH NOSC AND PARENT COMMAND MUST ENSURE EVERY MEMBER ARRIVES AT NMPS WITH ONE COMPLETED DD FORM 1833, WHICH INCLUDES A FINGERPRINT CARD (ONCE COMPLETED, THE FINGERPRINT CARD NEEDS TO BE SCANNED AND THE HARD COPY IS PUT IN THE PERSONNEL FILE), TWO PASSPORT PHOTOS (PHOTOS TAKEN AGAINST PLAIN BACKGROUND, TWO HEAD AND

SHOULDER PHOTOS, FRONT AND LEFT PROFILE), AND A COMPLETED QUESTIONNAIRE. INFORMATION MUST BE BURNED TO A CD AND SAVED IN A FOLDER UNDER THE PERSON'S LAST NAME AND TITLED "LAST NAME (UNDERSCORE)FIRST NAME (UNDERSCORE)MIDDLE INITIAL.DOC". INFO FOR MULTIPLE PERSONNEL CAN BE SAVED ON THE SAME CD. THIS REQUIREMENT IS IN ADDITION TO ANY SECURITY CLEARANCE REQUIREMENT.

- (16) EVALS/FITREPS: CDR JTF-HOA WILL ADMINISTER ALL EVALS AND FITREPS. ALL SAILORS WILL BRING A COPY OF THEIR LATEST FITREP/EVAL.
- (A) AC SAILORS: EVALS AND FITREPS WILL BE COMPLETED AS CONCURRENT/REGULAR REPORTS IAW REF E, CHAPTER 4, FOR PERSONNEL UNDER TEMADD ORDERS.
- (B) RC SAILORS: RC UNITS SHALL COMPLETE DETACHMENT OF INDIVIDUAL REPORT ON MOBILIZED PERSONNEL. CDR JTF-HOA WILL SUBSEQUENTLY ASSUME THE REPORTING SENIOR'S RESPONSIBILITY AND WILL PREPARE REPORTS IAW REF E, CHAPTER 10.
- (17) PRE-DEPARTURE TRAINING:
- (A) CODE OF CONDUCT TRAINING: ALL MEMBERS ARE REQUIRED TO COMPLETE LEVEL B CODE OF CONDUCT TRAINING AVAILABLE ON NAVY KNOWLEDGE ONLINE (NKO) PRIOR TO DEPARTING THE NOSC OR PARENT COMMAND. BRING CERTIFICATE OF COMPLETION.
- (B) ANTI-TERRORISM TRAINING: ALL MEMBERS ARE REQUIRED TO COMPLETE LEVEL I ANTI-TERRORISM TRAINING AVAILABLE ON NAVY KNOWLEDGE ONLINE (NKO) PRIOR TO DEPARTING THE NOSC OR PARENT COMMAND. BRING CERTIFICATE OF COMPLETION.
- B. MEDICAL/DENTAL REQUIREMENTS. ALL PERSONNEL DEPLOYING TO THEATER MUST BE MEDICALLY (TO INCLUDE DENTAL) AND PSYCHOLOGICALLY FIT FOR DEPLOYMENT. FITNESS SPECIFICALLY INCLUDES THE ABILITY TO ACCOMPLISH THE TASKS AND DUTIES UNIQUE TO A PARTICULAR OPERATION AND ABILITY TO TOLERATE THE ENVIRONMENTAL AND OPERATIONAL CONDITIONS OF THE DEPLOYED LOCATION, INCLUDING WEAR OF PROTECTIVE EQUIPMENT AND USE OF REQUIRED PROPHYLACTIC MEDICATIONS. DEPLOYABLE HEALTH SERVICE SUPPORT INFRASTRUCTURE PROVIDES ONLY LIMITED MEDICAL CARE. SERVICE MEMBERS MUST BE ABLE TO COMPLY WITH CENTCOM DEPLOYMENT REQUIREMENTS ON A CONTINUING BASIS OR SHOULD NOT DEPLOY. EACH AC PARENT COMMAND/RC NOSC MEDICAL DEPARTMENT REPRESENTATIVE (MDR) WILL CONDUCT A THOROUGH REVIEW OF EACH MEMBER'S DENTAL RECORD (DENREC) AND HEALTH RECORD (HREC). THE REVIEW WILL INCLUDE A REVIEW OF PSYCHOLOGICAL HISTORY TO ENSURE SOUND MENTAL COMPETENCY FOR THE MISSION (NO BEHAVIORAL INCIDENTS OR ANGER MANAGEMENT ISSUES WITHIN THE PAST THREE YEARS). THIS PROCESS MUST BEGIN EARLY TO ENSURE COMPLETION OF REQUIREMENTS THAT MAY TAKE SEVERAL WEEKS, I.E. HIV (3-4 WEEKS FOR RESULTS) AND IMMUNIZATIONS.
- (1) THE FOLLOWING INFORMATION MUST BE DOCUMENTED IN THE HREC AND DENREC:
- (A) ANNOTATION OF BLOOD TYPE AND RH FACTOR, HIV, AND DNA.
- (B) CURRENT MEDICATIONS AND ALLERGIES. INCLUDE ANY FHPPP PRESCRIBED AND DISPENSED TO AN INDIVIDUAL.
- (C) SPECIAL DUTY OUALIFICATIONS.
- (D) ANNOTATION OF CORRECTIVE LENS PRESCRIPTION.
- (E) SUMMARY SHEET OF CURRENT AND PAST MEDICAL AND SURGICAL PROBLEMS.
- (F) COPY OF DD 2795 (PREDEPLOYMENT HEALTH ASSESSMENT FORM).
- (G) DOCUMENTATION OF DENTAL STATUS CLASS I OR II.
- (H) IMMUNIZATION RECORD. MUST ACCURATELY REFLECT THE CURRENT STATUS FOR ALL IMMUNIZATIONS AT THE TIME OF DEPARTURE (I.E. LAST MINUTE IMMUNIZATIONS PROVIDED ON THE DEPLOYMENT LINE MUST BE ANNOTATED IN THE DEPLOYMENT MEDICAL RECORD PRIOR TO DEPARTURE).
- (2) THE FOLLOWING PROVIDES SPECIFIC AREAS OF MEDICAL READINESS THAT

MUST BE CURRENT AND PROPERLY DOCUMENTED PRIOR TO DEPLOYMENT (ADDITIONAL SPECIFIC RC REQUIREMENTS ARE LISTED IN REF F):

- (A) USCENTCOM THEATER SPECIFIC IMMUNIZATION REQUIREMENTS (SEE REF F): ALL PERSONNEL MUST HAVE REQUIRED THEATER-SPECIFIC IMMUNIZATIONS PRIOR TO DEPLOYMENT. SUPERVISORS AND COMMANDERS MUST ENSURE THE FOLLOWING STANDARD IMMUNIZATIONS ARE CURRENT PRIOR TO DEPLOYING TO THE USCENTCOM AOR:
- (1) HEPATITIS A VACCINE SERIES.
- (2) HEPATITIS B VACCINE SERIES (OCCUPATIONALLY-EXPOSED PERSONNEL, E.G. MEDICAL, MORTUARY AFFAIRS, LAW ENFORCEMENT).
- (3) INFLUENZA (CURRENT ANNUAL VACCINE).
- (4) MENINGOCOCCAL (QUADRIVALENT) VACCINE (WITHIN FIVE YEARS).
 MENINGOCOCCAL VACCINATION IS REQUIRED FOR COUNTRIES WHERE AFMIC
 ASSESSES THAT RISK IS ELEVATED ABOVE US BASELINE. AT THIS WRITING,
 THESE COUNTRIES INCLUDE: EGYPT, SUDAN, ETHIOPIA, ERITREA, DJIBOUTI,
 SOMALIA, AND KENYA.
- (5) TETANUS-DIPHTHERIA (WITHIN 10 YEARS).
- (6) TYPHOID (INJECTABLE OR ORAL), CURRENT PER PACKAGE INSERT.
- (7) YELLOW FEVER VACCINE (LAST DOSE WITHIN 10 YEARS).
- (8) PNEUMOCOCCAL VACCINE: FOR ALL ASPLENIC (WITH NO SPLEEN) PERSONNEL--0.5 ML IM OR SUBCUTANEOUS. GIVE ONE REVACCINATION FIVE OR MORE YEARS AFTER INITIAL PNEUMOCOCCAL VACCINATION.
- (9) SMALLPOX IMMUNIZATION PER LATEST DOD GUIDANCE. COMPONENT COMMANDS WILL REPORT IMMUNIZATION DATA THROUGH SAMS. NO REQUIRED IMMUNIZATION WILL BE DEFERRED UNTIL ARRIVAL IN THE AOR. EXCEPTIONS: (1) IF UNAVOIDABLE CIRCUMSTANCES PRECLUDE ADMINISTERING ALL IMMUNIZATIONS IN A SERIES, AT LEAST THE FIRST IN THE SERIES MUST BE ADMINISTERED PRIOR TO DEPLOYMENT, WITH ARRANGEMENTS MADE FOR SUBSEQUENT IMMUNIZATIONS TO BE GIVEN IN THEATER, IF POSSIBLE. (2) DEPLOYERS HAVING A HOUSEHOLD MEMBER WITH CONTRAINDICATIONS FOR THE SMALLPOX VACCINATION MAY BE ALLOWED TO DEPLOY UNVACCINATED (FOR SMALLPOX ONLY) AND WILL BE VACCINATED AT THE DEPLOYED LOCATION. INCLUDE THEIR SMALLPOX SCREENING QUESTIONNAIRE AS PART OF THEIR DD2766, DEPLOYED MEDICAL RECORD. FOLLOW CURRENT GUIDANCE ON IMMUNIZATION WAIVER REQUESTS AND VACCINE ADVERS EVENT REPORTING. (10) PPD/TB SCREEN: PPD SKIN TEST WITHIN 12 MONTHS OF DEPLOYMENT REQUIRED FOR ALL DEPLOYING PERSONNEL. PPD CONVERTERS MUST HAVE ANNUAL TB SCREEN.
- (3) UNIFORMED SERVICE MEMBERS MUST BE FIT FOR WORLDWIDE DEPLOYABILITY ACCORDING TO THEIR SERVICE'S REGULATIONS AND GUIDANCE. PHYSICAL EXAMS AND SPECIAL DUTY EXAMS MUST BE CURRENT IAW SERVICE POLICY AND REMAIN CURRENT FOR THE ANTICIPATED DURATION OF THE DEPLOYMENT.
- (A) HEALTH ASSESSMENT. CONDUCT PRE- AND POST- DEPLOYMENT HEALTH ASSESSMENT (DD FORM 2795 AND DD FORM 2796 RESPECTIVELY) ON ALL DEPLOYING GOVERNMENT PERSONNEL.
- (B) HEALTH SURVEILLANCE AND PROTECTION DURING DEPLOYMENT. ALL UNITS WILL SUPPORT DISEASE AND OCCUPATIONAL AND ENVIRONMENTAL HEALTH SURVEILLANCE REQUIREMENTS AND RECOMMENDATIONS IAW DOD POLICY. SHOULD INCLUDE BUT NOT BE LIMITED TO: OPERATIONAL OR COMBAT STRESS; NUCLEAR, BIOLOGICAL, CHEMICAL THREATS; ENDEMIC INFECTIONS; COMMUNICABLE DISEASES; VECTORBORNE DISEASES; ENVIRONMENTAL CONDITIONS; SAFETY; OCCUPATIONAL HEALTH; ENDEMIC PLANT, ANIMAL, REPTILE AND INSECT HAZARDS.
- (C) PRESCRIPTION MEDICATIONS SHOULD BE DOCUMENTED ON THE DD 2766. IF UNSURE AS TO DEPLOYABILITY WHILE ON CERTAIN MEDICATIONS, CONTACT ISIC MEDICAL FOR CLEARANCE. PERSONNEL WHO REQUIRE MEDICATION WILL

DEPLOY WITH NO LESS THAN A 90 DAY SUPPLY OF THEIR MEDICATION.

- (D) FOR RC PERSONNEL, SEE REF G FOR PHYSICAL EXAM/PHA REQUIREMENTS.
- (4) WOMEN'S HEALTH EXAMINATIONS (PAPS AND MAMMOGRAMS) ARE NOT REQUIRED BEYOND PERIODIC PHYSICAL EXAMINATIONS, BUT ARE RECOMMENDED. DOCUMENT IN HREC DATE OF THE MOST RECENT PAP/MAMMOGRAM AND IF RESULTS WERE NORMAL OR ABNORMAL. FEMALE MEMBERS ARE REQUESTED TO PROVIDE DOCUMENTATION OF RESULTS, I.E. PATHOLOGY CHIT OR CIVILIAN REPORT, FOR INCLUSION IN HREC.
- (5) PREGNANCY EVALUATION: ASK FEMALE MEMBERS IF THERE IS ANY POSSIBILITY OF PREGNANCY AND DOCUMENT IN HREC. LIBERAL PREGNANCY TESTING IS ENCOURAGED TO ENSURE FEMALE MEMBERS ARE NOT PREGNANT IN VIEW OF IMMUNIZATION REQUIREMENTS.
- (6) EYEWEAR EXAM: EYEWEAR PRESCRIPTION MUST BE WITHIN THE PAST TWO YEARS TO BE CURRENT AND A COPY MUST BE ENTERED IN THE MEDICAL RECORD. CIVILIAN PRESCRIPTIONS ARE ACCEPTED. MEMBERS SHOULD REPORT WITH TWO PAIRS OF EYEGLASSES. NAVY PERSONNEL WILL NOT DEPLOY WITH CONTACT LENSES UNLESS WRITTEN AUTHORIZATION IS PROVIDED BY THEIR UNIT CO AND PLACED IN THE DEPLOYMENT HREC. PERSONNEL WHO REQUIRE MEDICAL EQUIPMENT (FOR EXAMPLE, CORRECTIVE EYEWEAR, HEARING AIDS, ORTHODONTIC EQUIPMENT) MUST DEPLOY WITH ALL REQUIRED ITEMS IN THEIR POSSESSION, TO INCLUDE TWO PAIRS OF EYEGLASSES, PROTECTIVE MASKS EYEGLASS INSERTS, AND HEARING AID BATTERIES. ARMY, NAVY AND MARINE PERSONNEL WILL NOT DEPLOY WITH CONTACT LENSES UNLESS WRITTEN AUTHORIZATION IS PROVIDED BY THE HOME STATION UNIT COMMANDER AND PLACED IN DEPLOYMENT MEDICAL RECORD.
- (7) AUDIO BASELINE: DOD FORM DD-2215 BASELINE AUDIOGRAM MUST BE IN THE HREC.
- (8) DENTAL REOUIREMENTS:
- (A) MEMBERS MUST BE DENTAL CLASS 1 OR 2 TO DEPLOY. SAILORS CLASSIFIED AS DENTAL CLASS 3 MUST HAVE A DENTAL EXAM BY A MILITARY DENTIST 30-60 DAYS PRIOR TO RECALL TO DETERMINE LENGTH OF TREATMENT. THOSE MEMBERS HAVING PROBLEMS REQUIRING TREATMENT THAT WILL EXCEED 2 WEEKS ARE NOT ELIGIBLE FOR DEPLOYMENT.
- (B) ORTHODONTIC APPLIANCES: MEMBERS CANNOT DEPLOY WHILE UNDERGOING ACTIVE TREATMENT. THE GOVERNMENT SHALL INCUR NO OBLIGATION TO ADJUST, ACTIVATE, REMOVE OR REPLACE ORTHODONTIC APPLIANCES IN PLACE AT THE TIME OF EXECUTING ACTIVE DUTY ORDERS. COUNSEL MEMBER USING NAVPERS 1070/613.
- (9) MALARIA PROPHYLAXIS. MALARIA IS ENDEMIC YEAR-ROUND IN DJIBOUTI, ERITREA, ETHIOPIA, KENYA, SOMALIA, AND SUDAN. A SIGNIFICANT PROPORTION OF MALARIA DISEASE IN ALL COUNTRIES IS DUE TO CHLOROQUINE RESISTANT PLASMODIUM FALCIPARUM. PERSONNEL DEPLOYING TO THESE AREAS WILL TAKE MEFLOQUINE (ONE 250 MILLIGRAM TABLET) WEEKLY, BEGINNING TWO WEEKS PRIOR TO DEPARTURE AND CONTINUING FOR FOUR WEEKS AFTER RETURN OR DOXYCYCLINE 100 MILLIGRAMS ONCE DAILY BEGINNING 2 DAYS PRIOR TO DEPARTURE AND CONTINUING FOR 28 DAYS AFTER RETURN. INFORM PERSONNEL THAT MISSING ONE DOSE OF MEDICATION WILL PLACE THEM AT RISK FOR MALARIA.
- (10) ANY QUESTIONS OR CONCERNS REGARDING MEDICAL/DENTAL READINESS CAN BE REFERRED TO THE ISIC MEDICAL REPRESENTATIVE, HMC SIMMONS, COMM: (757)444-5050 X7409 DSN: 565-5050 X7409, OR BY E-MAIL SIMMONSM(AT)SECONDFLT.NAVY.MIL

3. PERSONAL GEAR AND EQUIPMENT.

A. MISSION APPROPRIATE UNIFORMS, GEAR AND EQUIPMENT WILL BE ISSUED DURING IN PROCESSING AND ENROUTE TRAINING. ADDITIONAL INFORMATION WILL BE POSTED TO THE WEBSITE LISTED IN PARA 4.H BELOW.

- B. TRAVEL ATTIRE/CIVILIAN CLOTHING: MEMBERS WILL TRAVEL IN APPROPRIATE CIVILIAN CLOTHING. EACH MEMBER WILL NEED AT LEAST TWO SETS OF CIVILIAN CLOTHES WHILE DEPLOYED. ADDITIONAL CIVILIAN CLOTHING CAN BE BROUGHT FOR THE ENROUTE TRAINING PERIOD, HOWEVER LIBERTY TIME WILL BE MINIMAL.
- C. UNTIL MISSION SPECIFIC UNIFORMS ARE ISSUED, THE UNIFORM OF THE DAY WILL BE THE SERVICE MEMBERS WORKING UNIFORM. NO OTHER UNIFORMS ARE REOUIRED.
- D. PT GEAR: PT WILL BE A PART OF TRAINING. EACH MEMBER WILL NEED TO BRING NAVY BLUE SWEATSHIRT, SWEATPANTS AND NAVY BLUE SHORTS AND RUNNING SHOES.
- E. SEABAGS: MEMBERS NEED TO PACK USING ONLY ONE STANDARD NAVY SEABAG (WITH NECESSARY CLOTHING ITEMS VICE A COMPLETE SEABAG) AND ONE CARRY ON BAG. UPON DEPLOYMENT, THE SEABAG CAN WEIGH NO MORE THAN 70 POUNDS OF WHICH APPROXIMATELY 15 POUNDS WILL BE UNIFORMS. THE CARRY ON BAG MUST MEET NORMAL FAA REQUIREMENTS AND CANNOT EXCEED 25 POUNDS. A LIST OF RECOMMENDED DEPLOYMENT ITEMS WILL BE LISTED ON THE ISIC WEBSITE LISTED IN PARA 4.H BELOW.
- 4. GENERAL INFORMATION/REPORTING INSTRUCTIONS.
- A. SAILORS ARRIVING AT THE NORFOLK, VIRGINIA AIRPORT (ORF) WILL CHECK-IN WITH THE NMPS REPRESENTATIVE AT THE USO LOUNGE OR CALL (757) 445-2435/6960. IF UNABLE TO CONTACT A NMPS REPRESENTATIVE, THEN TAKE A CAB TO BUILDING S-30, WALL MANOR, NORFOLK NAVAL BASE FOR BERTHING ASSIGNMENT.
- B. ONCE SAILORS ARRIVE AT NMPS NORFOLK THEY WILL UNDERGO
 APPROXIMATELY FIVE DAYS OF MEDICAL SCREENING AND MOBILIZATION
 PROCESSING (RC) FOLLOWED BY ONWARD TRAVEL TO JFCOM, MRX OR FT
 BENNING, GEORGIA. WHILE AT FT BENNING, GEAR AND UNIFORM ISSUE WILL
 BE CONDUCTED AS WELL AS COMBAT SKILLS AND ADDITIONAL SPECIALIZED
 TRAINING TO PREPARE MEMBERS FOR ASSIGNMENT IN THEATER. THIS
 TRAINING WILL LAST APPROXIMATELY 21 DAYS. ONCE DEPLOYED, INDIVIDUAL
 AUGMENTEES SHOULD ANTICIPATE A MINIMUM TOUR OF 365 DAYS OR 179 DAYS
 "BOOTS ON GROUND." ADDITIONAL TRAINING AND INFO WILL BE POSTED TO
 THE WEBSITE LISTED IN PARA 4.H BELOW AS IT BECOMES AVAILABLE.
 C. QUESTIONS AND CASES OF FLIGHT ITINERARY CHANGES AFFECTING REPORT
 DATE SHOULD BE REFERRED TO THE NMPS SITE AT THE CONTACT NUMBER ABOVE.
 D. PRIVATELY OWNED VEHICLES (POV) OR RENTAL CARS ARE NOT
 AUTHORIZED. UNLESS OTHERWISE STATED IN THIS LOI OR INDIVIDUAL
 ORDERS, ALL TRANSPORTATION WILL BE PROVIDED.
- E. SAILORS ARE SCHEDULED FOR SIX TO SEVEN DAYS PER WEEK OF INTENSE TRAINING. LIBERTY TIME WILL BE MINIMAL.
- F. MEMBERS ARE REQUIRED TO STAY IN BERTHING PROVIDED WHILE IN THE TRAINING PERIOD. FAMILY MEMBERS AND GUESTS ARE NOT AUTHORIZED TO STAY WITH MEMBERS IN GOVERNMENT PROVIDED BERTHING DURING THE ENROUTE TRAINING PERIOD.
- G. PUBLIC AFFAIRS EFFORTS WILL BE COORDINATED BY THE C2F PAO. DO NOT CONTACT ANY NEWS MEDIA ON YOUR OWN. IF YOU OR ANY OF YOUR SAILORS ARE CONTACTED BY THE MEDIA, HIGHLY RECOMMENDED YOU DIRECT THEM TO THE COMMANDER, SECOND FLEET PUBLIC AFFAIRS OFFICE AT 757-443-8016.
- H. FOR FURTHER INFORMATION CONTACT THE FFC/C2F/CCSG6 POCS OR REFER TO THE WEBSITES: WWW.CENTCOM.SMIL.MIL OR WWW.HOA.CENTCOM.SMIL.MIL.
- 5. THIS MESSAGE SHOULD BE RETAINED UNTIL ALL PERSONNEL ASSIGNMENTS ARE COMPLETE OR, FOR RECORD PURPOSES, UNTIL 30 MAR 2007.//

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Section 1: PSN 265968I36 Section 2: PSN 265970I29 Section 3: PSN 265975I34 Section 4: PSN 265979I38